

# Our Philosophy

The Angsana Spa takes its name from the exotic Angsana Tree - a tall, tropical rainforest tree noted for its crown of golden, fragrant flowers, which burst into bloom unexpectedly for a day, then close and bloom again suddenly.

The Angsana tree teaches one to live life spontaneously, to sense the moment and savour time as it passes inexorably.



# Please Take a Moment To Read This

## *Etiquette*

The spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests privacy by speaking softly.

Cellular phones and electronic devices are discouraged.

## *Attire*

Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Disposable undergarments are available.

## *Reservation*

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmation appointment.

## *Check In*

Please arrive at least 15 minutes prior to your scheduled treatment is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmed appointment.

## *Spa Treatment Hours*

The spa pavilion and rooms open from 0900 to 2200 hours. The last treatment finishes at 2200 hours.

## *Special Consideration*

If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heat conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform your therapists of any medical conditions.

## *Smoking & Alcohol*

Smoking and the consumption of alcohol within the spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

## *Cancellation Policy*

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours notice will incur a 50% cancellation fee. A full fee will be imposed for a No-Show .

## *Valuables*

We recommend that no jewellery to be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

## *Gift Certificates*

Treat a friend or loved on by giving them an experience they will never forget. Gift Certificates are available for use against any spa treatment, packages or retail products. Gift Certificates are not refundable and must be presented at the time of treatment. Vouchers are valid for six months from date of issue.

## *Refund Policy*

Treatment and packages are non-refundable, non-transferable and non-exchangeable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

## *Payment*

We accept cash and all major credit cards. All prices are nett, quoted in Australian Dollars inclusive of G.S.T. (Good & Services Tax) Prices are subject to change without prior notice.

# essence of angšana

## Duet

180-minute session

A\$280 per person

180-minute session

### ROOM FOR TWO

#### For Her:

- 30-min Honey Sesame body polish
- 60-min conditioning massage
- 60-min facial

#### For Him:

- 30-min Indo Spice body polish
- 90-min body massage
- 30-min face massage

**Spa Tip:** Be pampered by a series of Angšana spa treats.

## Glow

120-minute session

A\$190

### WEAR RADIANCE LIKE SECOND SKIN

- 30-minute body polish
- 60-minute body massage

**Spa Tip:** A body polish and massage combo for a healthy glow.

## Equilibrium

90 minute session

A\$130

### UNTIE THE KNOTS & GET BACK TO BASICS

- 30-minute back massage
- 30-minute face massage

**Spa Tip:** This treatment's intensity varies to your preference.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angšana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# angsana for her

## Top to Toe

210-minute session

A\$330

### COMPLETE MAKEOVER

- 30-minute body polish
- 30-minute body conditioner
- 60-minute body massage
- 60-minute facial

**Spa Tip:** Give your body a well-deserved tune up all over with this ultimate treatment that combines all of Angsana Spa's signature therapies.

## Essentials

150-minute session

A\$230

### THE QUINTESSENTIAL OF SPA TREATS

- 60-minute body massage
- 60-minute facial
- 60-minute body polish & body conditioner

**Spa Tip:** For a complete rejuvenating experience, choose two treatments out of the three choices that we present.

## Glamour

150-minute session

A\$230

### NOT ALL DIAMONDS GIVE YOU BLING

- 60-minute facial
- 60-minute Honey Milk hand treatment OR paraffin foot treatment

**Spa Tip:** Enjoy luxury of variety that brings out a lady's natural beauty.

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# angsana for her

## Java Jive

150-minute session

A\$230

### FIT FOR A PRINCESS

- 60-minute Javanese body massage
- 40-minute Lulur Scrub
- 20-minute yoghurt cleanser

**Spa Tip:** Contemporary twist to a traditional Indonesian Royal beauty treatment

## Svelte

150-minute session

A\$230

### NEW CURVES, DIFFERENT DIET

- 60-minute Trim & Tone massage
- 30-minute Mud Mask
- 30-minute Organic Refresh Retreat facial

**Spa Tip:** All natural body contouring pampering.

## Body Treats

90-minute session

A\$140

### THE QUINTESSENTIAL OF SPA TREATS

- 30-minute body polish
- 30-minute body conditioner

**Spa Tip:** An essential body pampering treat.

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# angsana for him

## Expressions

150-minute session

A\$230

### SWITCH OFF AND BE YOURSELF

- 60-minute body massage
- 45-minute Organic Men's Facial
- 20-minute Indian Head Massage

**Spa Tip:** Eliminate fatigue for a fresh healthy glow.

## Sprint

150-minute session

A\$230

### REAL MEN PAY ATTENTION TO DETAILS

- 60-minute body massage
- 60-minute foot therapy

**Spa Tip:** The ideal combination to wake up your senses.

## Power Back

90-minute session

A\$130

### UNTIE THE KNOTS

- 30-minute back massage
- 30-minute back paraffin treatment

**Spa Tip:** Back tension reliever and warm paraffin to reduce muscular aches.

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# body massages

## Signature

**Angsana** 120-minute session **A\$180**

### OUR GIFT TO YOU

**Spa Tip:** A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy

**Fusion** 90-minute session **A\$130**

**CUISINE FOR THE SOUL** 120-minute session **A\$170**

**Spa Tip:** A clever blend of Thai and Swedish massage techniques to sooth all aches, unblock stiffness and enhance flexibility

## Classic

**Ayurvedic Hot Stone** 120-minute session **A\$180**

### TENSION MELTS

**Spa Tip:** Ease the tension and aches from your body as this Ayurvedic palm-based massage seamlessly blended with the use of heated basalt stones.

**Javanese** 90-minute session **A\$130**

**TAKE A NAP** 120-minute session **A\$170**

**Spa Tip:** Tension is released from your shoulder, neck, lower back and spine area as smooth, long stroke, thumb pressure and palm pressure are used in this massage.

**Waves** 90-minute session **A\$130**

**SMOOTH AS A HULA DANCE** 120-minute session **A\$170**

**Spa Tip:** This strong massage is inspired by traditional Hawaiian techniques. The therapist delivers long flowing strokes to restore balance and harmony.

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# body massages

## Soothing

**Dreams** 90-minute session A\$130

**PERFECT FOR JET LAG** 120-minute session A\$170

**Spa Tip:** Created specially for tired and worn-out bodies, this calming massage soothes tense muscles using warm sesame oil.

**Rhythmic** 90-minute session A\$130

**MUST TRY FOR MOTHERS-TO-BE**

**Spa Tip:** A nurturing massage using gentle strokes and linen pouch dipped in warm Vitamin-E enriched oil. Suitable for mothers-to-be or those who prefer to lie on their side.

## On the Spot

**Back Energy** 60-minute session A\$80

**IRON OUT TENSE MUSCLES**

**Spa Tip:** The therapist employs medium to strong pressure back massage to iron out aches and tensions on the back.

**Foot Loose** 60-minute session A\$80

**SOLE TO SOUL**

**Spa Tip:** Step out with happier feet after an energizing leg and foot massage.

**Indian Head Massage** 60-minute session A\$80

**CLEAR HEADED**

**Spa Tip:** After a hard day's work, clear your mind with this massage to relax and remove fatigue caused by mental stress.

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# eminence organic facials

## Facials for her

### Organic Refresh Retreat

60-minute session

A\$80

*For all skin types*

#### THREE STEPS TO CLEARER SKIN

**Spa Tip:** Start with an invigorating Rosehip & Maize or Almond & Mineral treatment. A mask follows packed with the juices of peaches, cherries, carrot and pumpkins. A serum and freshly whipped moisturizer leaves the skin revitalized.

### Organic Oxygenator

90-minute session

A\$130

*For all skin types except sensitive skin*

#### SIGNIFICANTLY YOURS

**Spa Tip:** A high performance facial that increases the skin's oxygen intake, stimulating cellular repair and metabolism. An organic peel with AHA exfoliates and detoxifies while a double mask soothes blemished, mature, hyper-pigmented or sun damaged skin.

### Precious Organics

90-minute session

A\$125

*For sensitive skin*

#### KEEP THE LINES AT BAY

**Spa Tip:** This anti-ageing facial is laced with a fragrant blend of garden-fresh roses brimming with Vitamin C. Organic masks suitable for sensitive skin are applied to nurture the skin and reduce fine lines.

### Sugar Plum Spice

90-minute session

A\$125

*For all skin types except sensitive skin*

#### NATURAL BEAUTY BOOSTER

**Spa Tip:** This facial targets premature ageing with the Hungarian plum rich in Iron, Vitamin C, A and E. The Sugar Plum massage soufflé, Sugar Plum mask and active moisturizer help boost blood circulation with a potent bio-complex formula.

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# eminence organic facials

## Facials for him

**Organic Men's**

**90-minute session**

**A\$125**

*For all skin types*

### **FOR THE NEW URBAN MALE**

**Spa Tip:** Finely crushed Almond & Minerals gently exfoliate, detoxify and cleanse while a massage with extracts of Stone Crop Cactus re-hydrate and heal. An organic Pumpkin & Orange mask completes this treatment.

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# body polishes

Choose your favourite Body Polish to complete your pampering spa packages. All Body Polishes are not available individually.

## Coconut Lime

*For all skin types*

### DIVINE SKIN CLEANSER

**Spa Tip:** This moisturizing scrub strips away dead skin, promotes new cell growth and lightens skin blemishes.

## Honey Sesame

*For dry/normal skin*

### AS SWEET AS HONEY

**Spa Tip:** Smell as sweet as honey after this treatment and skin emerges smoother after the gentle exfoliation.

## Indo Spice

*For all skin types except sensitive skin*

### HOT 'N' SPICE

**Spa Tip:** The spicy combination of ginger, clove and sesame seeds are used in this healing exfoliation to cleanse and invigorate the skin, exuding an aromatic glow.

## Jasmine Frangipani

*For oily skin*

### FLOWERY SCENT

**Spa Tip:** Smell your best and show off sparkling skin after the treatment.

## Oatmeal Milk

*For all skin types*

### TIRED NO MORE

**Spa Tip:** Say goodbye to blemished and tired skin as the ingredients used in this treatment help fine lines fade away, leaving behind lighter and refined skin.

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# body conditioners

Choose your favourite Body Conditioner to complete your pampering spa packages. All Body Conditioners are not available individually.

## Aloe Sunkisser

*For sensitive/dry skin*

### AFTER-SUN TREATMENT

**Spa Tip:** Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturizes sunburnt skin.

## Avocado Smoothie

*For all skin types*

### VITA-RICH

**Spa Tip:** Oozing with vitamins, minerals and natural oils, indulge in this creamy mask which replenishes essential moisture and nutrients in the skin, leaving it plump and soft.

## Honey Milk

*For dry/normal skin*

### PEELS OFF TENSION

**Spa Tip:** Be lulled into slumber as a Sesame Pouch dipped in warm milk and nourishing honey gently glides over the body to relieve stress.

## Lavendar Splendour

*For all skin types except sensitive skin*

### CALM YOUR SENSES

**Spa Tip:** This lavender-enriched body wrap revitalizes dull skin while its refreshing aroma revives your senses.

## Mud Mask

*For oily types*

### THOROUGH CLEANSING

**Spa Tip:** A deep cleansing treatment using rich mud to detoxify and nourish the skin.

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